



## DETERMINE YOUR RING SIZE YOURSELF

Your ring should fit comfortably snug, so it won't fall off – yet loose enough to slide over your knuckle.

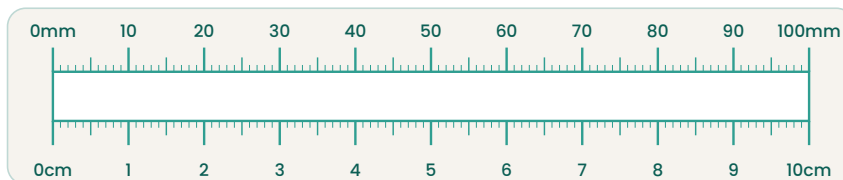
Finger size changes with time of day and temperature. For the most accurate result, measure when your fingers are at their largest:

- 1 At the end of the day, once your hands have warmed up.  
(Fingers run smaller in the early morning and in cold weather.)
- 2 Measure 3–4 times and use the most frequent result, to rule out an inaccurate reading.



### METHOD 1 – MEASURE YOUR CURRENT RING

- 1 Ring measurements are very precise – follow these instructions carefully to get an accurate result.
- 2 Before printing, open the print dialog (Ctrl+P), set Paper Size to A4, and set Page Scaling / Fit-to-Page to “None” (print at 100%).
- 3 Then measure the ruler below with a real ruler – it must come out exactly 10 cm (100 mm) long.



- I Choose a ring that already fits the intended finger well.
- II Lay the ring over the circles below and match its inside edge to the circle nearest in size. This is the ring's inside diameter.
- III If it falls between two sizes, order the larger of the two.

#### CIRCLES SIZED TO SCALE · INDIAN RING SIZES 5–28



14.3 mm



14.7 mm



15.1 mm



15.3 mm



15.5 mm



15.9 mm



16.3 mm



16.5 mm



16.9 mm



17.3 mm



17.5 mm



17.9 mm



18.1 mm



18.5 mm



18.7 mm



19.2 mm



19.4 mm



19.8 mm



20.0 mm



20.4 mm



20.6 mm



21.0 mm



21.4 mm



21.6 mm



## METHOD 2 – MEASURE WITH A PIECE OF STRING

No ring on hand? Use a strip of paper or a piece of string instead – then match your measurement to the chart below.

- 1 Wrap a piece of string or thread snugly around the finger you want to measure.
- 2 Mark the point on the string where it completes the loop around your finger.
- 3 Unwrap the string and measure the length up to the mark, in millimetres.
- 4 That length is the circumference of your ring size – match it on the chart below.
- 5 If your measurement falls between two sizes, choose the larger ring size.

### RING SIZE CONVERSION CHART

| Circumference (mm)<br>EU | Diameter<br>(mm) | India/Japan | UK & Australia | US & Canada |
|--------------------------|------------------|-------------|----------------|-------------|
| 44.8                     | 14.3             | 5           | F½             | 3¾          |
| 46.1                     | 14.7             | 6           | G½             | 3¾          |
| 47.4                     | 15.1             | 7           | H½             | 4¼          |
| 48.0                     | 15.3             | 8           | I              | 4½          |
| 48.7                     | 15.5             | 9           | J              | 4¾          |
| 49.9                     | 15.9             | 10          | K              | 5¼          |
| 51.2                     | 16.3             | 11          | L              | 5¾          |
| 51.8                     | 16.5             | 12          | L½             | 6           |
| 53.1                     | 16.9             | 13          | M½             | 6½          |
| 54.4                     | 17.3             | 14          | N½             | 7           |
| 55.0                     | 17.5             | 15          | O              | 7¼          |
| 56.3                     | 17.9             | 16          | P              | 7¾          |
| 56.9                     | 18.1             | 17          | P½             | 8           |
| 58.2                     | 18.5             | 18          | Q½             | 8¼          |
| 58.9                     | 18.7             | 19          | R              | 8¾          |
| 60.1                     | 19.2             | 20          | S              | 9¼          |
| 60.8                     | 19.4             | 21          | S½             | 9½          |
| 62.1                     | 19.8             | 22          | T½             | 10          |
| 62.7                     | 20.0             | 23          | U              | 10¼         |
| 64.0                     | 20.4             | 24          | V              | 10¾         |
| 64.6                     | 20.6             | 25          | V½             | 11          |
| 65.9                     | 21.0             | 26          | W½             | 11½         |
| 67.2                     | 21.4             | 27          | X½             | 12          |
| 67.8                     | 21.6             | 28          | Y              | 12¼         |